**SEPT 2025** Vol. 1, Issue 3



# P<sub>2</sub>C Newsletter

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#### **CONGRATS** DR. MCBRIDE

**Doctor McBride** was recently nominated by The Roanoker Magazine as one of the Roanoke Valley's "Top Docs of 2025" in the "Pediatrician" category. We are very proud of him and how he represents PTC.

**WAY TO GO!** 

**HAVE YOU SIGNED UP FOR** THE HEALTH **PORTAL YET?** 

## **OFFICE NEWS**

- Flu & COVID vaccines are now available!
- Saturday "Flu-Clinics" have begun - call to schedule you flu vaccine today
- Thank you to all who attended our "2025 Kids Health and Safety Day" (pictured above)



### **SEASONAL TIP**

Utilizing self/online scheduling can save you wait times on the phone during cold & flu season!



### **WHAT'S TRENDING?**

The safety, efficacy and necessity of Vitamin K prophylaxis for infants have recently been subjected to misinformation. Vitamin K is a safe, effective and life-saving intervention for all newborns. If you have specific questions about Vitamin K & infants, please speak to your PCP.

**JOKE OF THE MONTH** What do you get when you drop a pumplkin? ANSWER: A SQUASH

Poison Control Dial 1-800-222-1222